

# COUNSELLING ASSESSMENT VOLUNTEER



13%

of adults diagnosed with brain cancer in England survive 5 years or more (average across all cancers is 52%)

34

people in the UK are diagnosed with a brain tumour every day

## Our challenge

Brain tumours do not discriminate and they do not respect boundaries. They can strike anyone, at any age. And they strike quickly. The Support Team at The Brain Tumour Charity are aiming to address the clear gap in emotional support available to those affected by a brain tumour diagnosis, by expanding their counselling service. We know the difference that talking therapy can make and our goal is to reach more people, ensuring everyone that wants it, gets the support that they need.

## How can you help?

As a Counselling Assessment Volunteer for this service, you will be the first point of call for new clients entering in to the service. This role will require you to talk to a wide range of people - from those newly diagnosed, to others at end of life and also bereaved. As a Counselling Assessment Volunteer, you will be required to:

- Carry out pre-booked counselling assessments with clients who have self-referred themselves into the counselling service
- Gather information through the assessment about the client's circumstances, explore their needs, explain how the service can help and discuss with them whether the counselling service is suitable
- Confidently follow our safeguarding process, to ensure risk is assessed and appropriate steps are taken to safeguard each client's well-being
- Observe confidentiality in line with our organisational policy
- Keep accurate and appropriate records on our internal database



## ABOUT THE BRAIN TUMOUR CHARITY

We are the world's leading brain tumour charity and the largest dedicated funder of research into brain tumours globally. Committed to saving and improving lives, we're moving further, faster to help every single person affected by a brain tumour. We're set on finding new treatments, offering the highest level of support and driving urgent change. And we're doing it right now. Because we understand that when you, or someone you love, is diagnosed with a brain tumour – a cure really can't wait.

### **We're looking for**

Someone who is empathetic and supportive in nature, and who is excited by the opportunity to bring this counselling service to the wider brain tumour community. You will also need:

- Experience in providing emotional support to others, perhaps through another role focusing on bereavement, mental health or life limiting illnesses
- Ideally have had previous training in counselling, mental health first aid, or other relevant course
- Ability to work autonomously
- Relevant IT skills in order to maintain appropriate and accurate records on our counselling database
- As this is a home-based role, you will need access to a telephone and computer that you are happy to use for this service

The Brain Tumour Charity is committed to promoting diversity and inclusion in all aspects of our organisation. We particularly welcome applications from individuals belonging to minority ethnic groups, LGBTQ+ communities, people with disabilities, and other underrepresented communities.

### **What can you gain from volunteering?**

- You'll have the opportunity to apply your existing support skills in a new way
- You will join a pioneering team, who are passionate about expanding the counselling service

### **Time commitment**

We are looking for a commitment of 2 hours per week (minimum) which would allow you to carry out 2 assessments. All assessments must be carried out between 9.30am–4pm and we would ask all volunteers to work on a rota system, volunteering at the same times each week.

### **Practical considerations**

You will receive a full induction to The Brain Tumour Charity and any specific training for the role, as well as ongoing direction from one of the team, who will be your key contact.

We carry out reference checks for all individuals who will be volunteering with us on a regular basis. Volunteers will be required to complete some internal data protection and disclosure documentation before commencing the role. Volunteers must be over 18.

We encourage volunteers to claim for any reasonable expenses that are incurred in the course of their volunteering with The Charity. Find out more in our [Volunteer Expenses Policy](#).

### **Need support with the application process?**

We are committed to being inclusive and recognise that there may be a number of ways we could support you through the application process. If there's any adjustments we can make to help you fully engage in the process, don't hesitate to let us know by getting in touch with the Volunteering Team on [volunteering@thebraintumourcharity.org](mailto:volunteering@thebraintumourcharity.org)



**I always feel valued as a volunteer and the team are fantastic at giving feedback and support, making my role as a volunteer very rewarding.**

A current Counselling Assessment Volunteer

## **INTERESTED?**

If you're ready to apply, please complete our online application form [HERE](#) by 9am on Wednesday 24 September. If we receive a high volume of applications, we may close the role early, so we'd encourage you to apply at your earliest opportunity. If you have any questions, please contact the [Volunteering Team](#).