Employment
adjustments
(individual)

#

**Use this form to agree with your employer adjustments that can help you in the workplace**

**Use the *Employment adjustments (example)* to help start the conversation and give suggestions.**

**Delete/strike through those that are not relevant to you and keep this as your record.**

**Your employer is only obliged to make reasonable adjustments in certain circumstances but you can use this list to help you agree adjustments.**

**Both you and your employer should sign it.**

# Physical

### Fatigue

### Mobility

### Balance

### Co-ordination

### Visual

### Auditory

# Cognitive

### Attention/concentration

### Communication difficulties

### Memory/learning

### Processing speed

### Reasoning/problem solving

### Planning/organisational skills



# Physiological

### Seizures NB can be ‘vacant episodes’

### Personal facilities

### Changes in appearance

### Temperature regulation

### Pain/peripheral neuropathy

### Endocrine issues

# Psychological/social

### Mental health/psychological

###

### Behaviour/personality changes

### Social

# blobs-20Other

### (Add here anything else that would help you)

 **Signed** (employer) …………………………………………………

**Print name** ……………………………………………………………

**Signed** (employee) …………………………………………………

**Print name**…..………………………………………………………....

 **Job title** ………………………………………………………………..

**Review date**……………………………………………………………

**NB These adjustments should be reviewed regularly**