

# Young Ambassador FAQs



## Can I be a Young Ambassador if I am not living with a diagnosis myself?

Of course! We also welcome young adults who have been affected by a close family member's diagnosis to share their experiences as a Young Ambassador.

## Can you tell me more about what's involved?

As a Young Ambassador, your job is to advocate on behalf of The Charity and create change around the issues that are important to you. This could be getting involved with our campaigning and policy work, raising awareness on social media, or meeting others at events. You'll be asked to volunteer at Young Adult Events and Family Days, which are fun days out for other members of our community.

You'll have the chance to take on your own fundraising challenges if you want to, as well as supporting other local fundraisers with their events and attend cheque collections on behalf of The Charity. You can also share your story and help promote the work of The Charity – like being an advocate for our health information databank (called BRIAN).

Some of the other ways you can support our work is by helping us develop resources for our community, giving your feedback on important issues, and supporting the staff team in their work- like going along to a bid for charity of the year at a local business.

## Is there any training given?

Yes! You'll receive a Charity induction so you're in the know about all things The Brain Tumour Charity, and meet some of the staff you'll be working closely with. We will also deliver relevant training sessions to help you develop new skills over the next two years, supporting you to feel confident in different situations. Some of the training we've held previously includes; public speaking, handling difficult conversations and digital skills.

We also offer other useful training through skills workshops.

## How much time will this take up?

There is a minimum requirement of some charity events throughout the two years, including the training sessions, but everything else is up to you to manage.

There are lots of things you can do to help The Charity that won't take much time at all – like completing surveys, or recording a thank you video to a corporate partner or fundraiser.

### **How often will I meet up with the other Young Ambassadors?**

You'll be invited to two training sessions a year which it's important you attend – these are the best chance to meet with the other Young Ambassadors socially, as well as receive training and updates from The Charity. You'll also have the opportunity to attend other charity lead events which your fellow Young Ambassadors may also attend.

There's also a Facebook Group you'll join to keep in touch with each other, and receive updates and information on how you can get involved in the work of The Charity.

### **Can a caregiver come with me?**

Absolutely. We don't want there to be anything stopping you from attending an event or training session, and want you to get the most out of it. If you need someone there to support you it's fine for them to join you. We will have a chat about what this looks like and if there is anything we can do to help you either independently or with another person.

### **What happens at the end of the program?**

Being a Young Ambassador is a two year role, and at the end of this two years you'll be offered the chance to be a Mentor for the next group of Ambassadors. The Mentor role lasts for one year. After this, or if you chose not to become a Mentor, you can still be involved in our work through various volunteering and campaigning opportunities such as our Research Involvement Network, our Policy Involvement Group or by volunteering within your local community.

### **This all sounds great – so how do I apply?**

You can apply by completing the online application form on the website, or if you'd prefer, by completing this on paper and sending it into the office (address below). You'll also need to record a short video telling us a little bit about yourself and why you'd like to be a Young Ambassador.

### **Contact information**

[www.thebraintumourcharity.org/young-ambassadors/](http://www.thebraintumourcharity.org/young-ambassadors/)

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